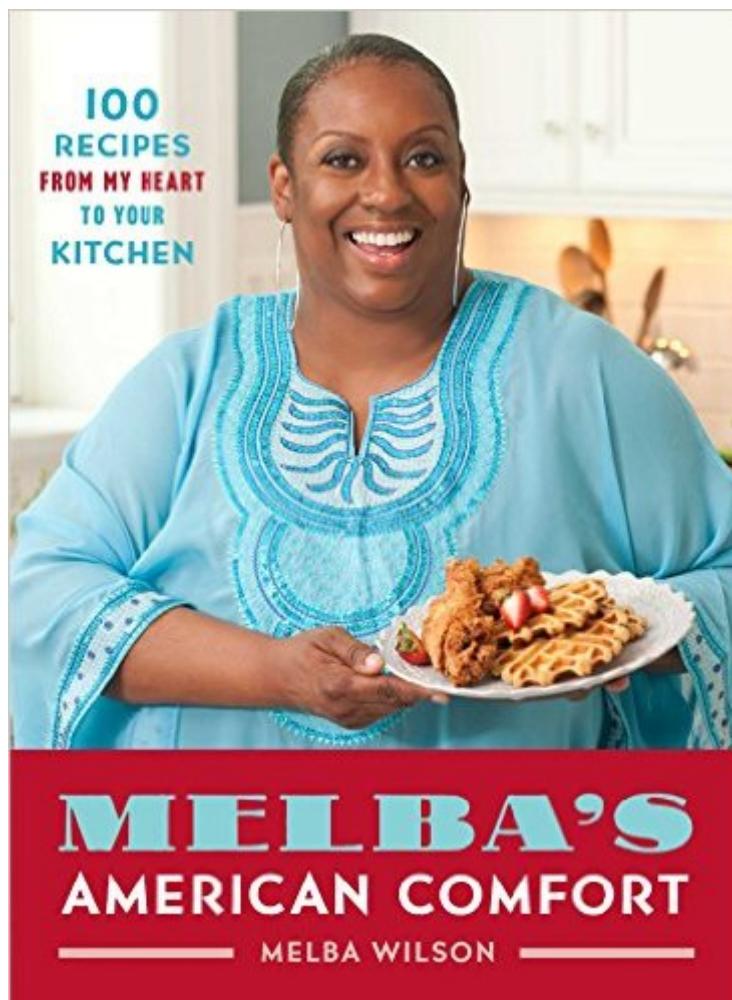


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# Melba's American Comfort: 100 Recipes From My Heart To Your Kitchen



## Synopsis

Fresh from the kitchen of her legendary Harlem restaurant, Melbaâ™s, the reigning queen of American comfort food serves up one hundred delectable recipes that put her own special touch on favorite dishesâ "and taste just like home. Where do celebrities and foodies go for the most delicious fried chicken and eggnog waffles? To Melbaâ™s, of course! Melba Wilson is a sweet, upbeat, occasionally sassy, always genuine ambassador for the cuisine known for years as soul food but that she prefers to call American comfort food. Melba cut her culinary teeth at the iconic Sylviaâ™s, the famed Windows on the World, and the hugely popular Rosa Mexicano. Now, as the pioneering owner of her own legendary Harlem restaurant, she proudly holds court in Melbaâ™s always-packed dining room, dishing out lovingly prepared sweet potato pie, wine-braised short ribs, BBQ turkey meatloaf, deviled eggs, and a legion of mouth-watering American classics as well as unforgettable special twists on beloved comfort foods. Now you donâ™t have to leave the comfort of your own home to dig into her sumptuous signature recipes! With mouthwatering full-color photography and a beautiful design, Melbaâ™s American Comfort features the secrets of her irresistible home cooking, passed down from her great-grandmother and other talented generations and given her own loving variations, plus a treasure trove of delightful stories from the heart of her bustling kitchen.

## Book Information

Hardcover: 256 pages

Publisher: Atria Books (April 12, 2016)

Language: English

ISBN-10: 1476795282

ISBN-13: 978-1476795287

Product Dimensions: 7.5 x 0.9 x 9.8 inches

Shipping Weight: 2.2 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ See all reviewsÂ (21 customer reviews)

Best Sellers Rank: #107,905 in Books (See Top 100 in Books) #18 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Middle Atlantic #21 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Soul Food #40 in Books > Cookbooks, Food & Wine > Baking > Biscuits, Muffins & Scones

## Customer Reviews

I buy cookbooks about three times a year with the intention of cooking up a storm, but once I look at

the directions - the excitement disappears. Maybe it's an Aries rebel thing, but I never follow a recipe to a tee. Also, I get overwhelmed when the ingredients listed are things I never heard of and the directions are too complicated for my taste. My husband & children tell me all of the time that I'm a great cook, but I'm not the type of cook that loves to stay in the kitchen dreaming of new creations. After skimming through Melba's cookbook while I stood by the mailbox - I couldn't help but notice Melba's beautiful smile on the cover. It was as if Melba's was saying - "Orsayor, Get out of your comfort zone and try some of my recipes." When I finally settled down from my busy day - I picked up Melba's cookbook and started to read. The next thing I knew I was writing out my grocery list and bookmarking pages. My husband laughed at me because he had witnessed me getting excited about recipes and quitting before I started. This time was different - I bought the ingredients and began my Melba's takeover. Melba shares with the readers how she got started with her love of cooking. She also shares the epiphany she received while traveling on an airplane in 2005. The author shares her "Five Lessons for Life In and Out of the Kitchen" - #4 hit home for me. Thank you, Melba for also including "The Care & Feeding of your Cast-Iron Pan." in your cookbook. The photographs are so beautiful in this cookbook - that it makes it hard to decide which dish you want to cook first. I decided on the following: Candied Bacon, Fried Green Tomatoes, & Honey Suckin' Hot Wings. The recipes were so easy to follow. Some of the ingredients were things I already had in my cupboard. That was a plus for me. There's nothing worse than trying to shop for ingredients you never heard of before. Candied Bacon - 5/5 Before Melba: I would microwave my bacon for 3-5 minutes. Her recipe called for brown sugar & cayenne pepper. (In my James Chanel Wright voice) Melba!!!!!! This recipe gave my bacon life! Fried Green Tomatoes - 5/5 FYI: This was my husband first time trying Fried Green Tomatoes. I have made it before in the past but he always turned his nose up at it. Not this time!! Honey Suckin' Hot Wings - 5/5 I was so nervous making the Hot Honey sauce for the wings. Even though the recipe wasn't difficult - I knew the sauce was an important element for the wings. Also, my husband would give me his honest opinion of the sauce was nasty. We don't sugarcoat when it comes to food. LOL! I screamed and did a little twerk when I took my first bite - because it was so good. I'm the first person to run to the local wing spot for my favorites. Not anymore! I'm so proud of myself for stepping out of my comfort zone to try Melba's recipes. I highly recommend Melba's American Comfort! Grab a copy for you & your friends!

I just ordered this book to add to my collection. I borrowed it from the library the other day and yesterday, I made the smothered pork chops, classic corn bread, and country collard greens. And may I say, I put my foot in it and it was damn good! The recipes were easy to follow with ingredients

that are easy to find, and I really loved her insights and advice on cooking. Melba puts her own flavor/flare on American comfort food and gives the reader the most delicious and delightful surprises. When I write my cookbook, guess whose blueprint I will emulate!

After years of experiencing Melba Wilson's mouth-watering meals at her revered Harlem-based restaurant, which attracts foodies from around the world...I am thrilled to own her beautiful cookbook complete with wisdom and humorous quips. The recipes are accessible so that even a micro-wave queen like me can become a master at preparing delicious and heartfelt meals for myself and loved ones. YUMMY!

Absolutely beautiful, fun, and can't wait to make these recipes. They ALL look good and doable. Will be giving this to all my favorite cooks for mother's day and beyond.

These are all recipes I want to make, and will make!It includes all the basic recipes that you can add your own swag to! Best cookbook I've gotten in years.

Great recipes in this book. Have tried several and they were all delicious!

Love the cookbook. I wish it had something about heart healthy choices, but that can be modified

Excellent cookbook! I can't wait to make her recipes!

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